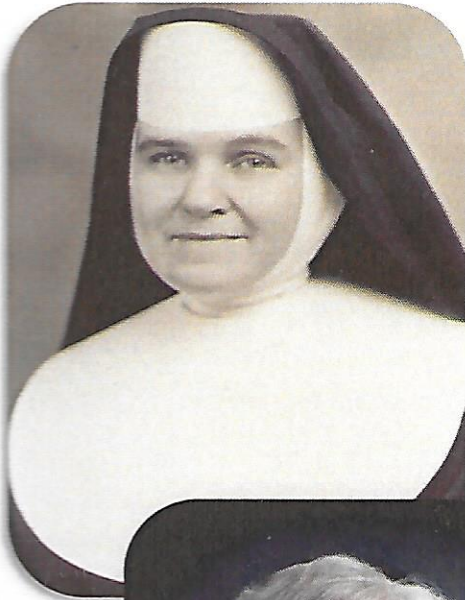


Sister Valerie Ann Grigal

October 26, 1914 – October 9, 2014



Secular Name: Valerie Ann
Entrance: December 8, 1936
Birth: Elizabeth, NJ
Parents: Anthony and Grace Grigal
Siblings: Grace, Anthony, Frank, Charles
Elementary School: SS. Peter and Paul, Elizabeth, NJ
High School: Kaskaskia College (GED)

Ministry:

Though her ministries were not always visible to outsiders, Sister Valerie Ann led a full life of service to others that took her from St. Anthony's Parish in Detroit as a housekeeper to Panama City, FL, as a pastoral minister and many points in between. Her life of service to her companion sisters as a dietitian and housekeeper, of service to others as a pastoral minister, and of service to the Church as a sacristan in our Motherhouse chapel is well known.

These many and varied roles took Sister Valerie Ann to St. Anthony Parish (Detroit), St. Joseph College (Hays, KS), St. Joseph Parish (Dubois, PA), Transfiguration Parish (Maspeth, NY), St. Joseph Hospital (Alton, IL), Holy Trinity Parish (Moon Run, PA), St. Dominic Parish (Panama City, FL), Mt. St. Peter Parish (New Kensington, PA) and St. Francis Parish (Danbury, CT). She is perhaps best remembered for her ministry at Good Samaritan Hospital in Mt. Vernon, IL, having served there a combined 35 years in dietary and in spiritual care.

Even after her 90th birthday, Sister Valerie Ann remained active in the Motherhouse craft room and gift shop until entering the Ministry of Prayer in 2010.

Sister Valerie Ann asked that these words be a part of her wake service: *"I am glad I am a Franciscan. Each day is a revelation of what I still need to do . . . still need to begin to do . . . in order to follow Jesus Christ as closely as Francis did."*

"Each day is a revelation of what I still need to do..."