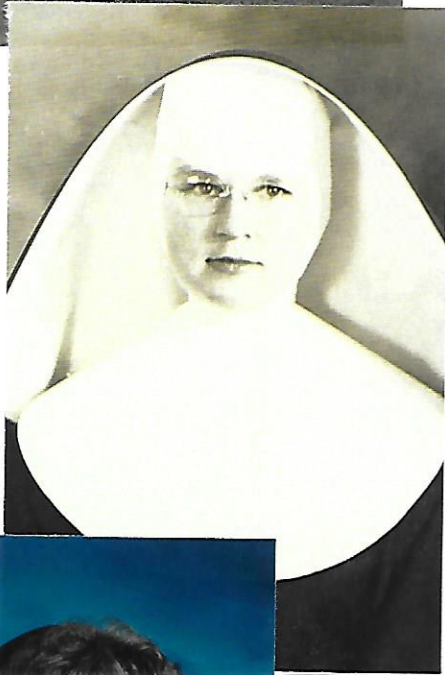


Sister M. Valeria Puishes
April 13, 1918 - October 12, 2001



Secular Name: Helen Puishes
Entered: July 14, 1935
Place of Birth: St. Clair, PA
Parents: Matthew and Elizabeth
Siblings: Ann, Edund

Elementary School: St. Clair, PA (public)
High School: St. Francis Academy,
Pittsburgh, PA

Higher Education: Duquesne University
Catholic U., Villanova,
Fordham U.

Degrees: B. Ed. from Duquesne
Certification: Religious Studies

Ministry:

Sister M. Valeria taught in the elementary grades, including Junior High. She served as principal of St. Joseph School in Dubois for six years while simultaneously teaching 5th and 6th grade. She was also principal of Mt. St. Peter School in New Kensington for four years while teaching seventh graders at the same time.

For many years, Sister taught the Lithuanian language and culture to adults of Lithuanian descent in Pittsburgh,

In 1989 Sister M. Valeria retired from full time ministry and spent several years working with our Pittsburgh Auxiliary.

Sister M. Valeria believed in the healing power of prayer and assumed the ministry of praying with and for people in physical or mental strain or distress. She also believed in the power of music to soothe, to bring joy, and she used her talents to promote happiness in simple ways through music, song, and dance. The tapestry of her ministry record contains many threads of hearts healed or comforted by prayer, and laughter and melodies and Polkas. In embracing the ministries of prayer and music, she brought peace and joy to others.

*“Through many dangers, tolls and snares I have already come;
‘Tis grace has brought me safe thus far, and grace will lead me home.”*