

Sister M. Benigna Paulosky
March 12, 1913 – September 6, 1997



Secular Name: Helen
Entrance: October 8, 1927
Place of Birth: Shenandoah, PA
Parents: Matthew and Catherine
Siblings: Joseph, Marie, Vincent, John and Albert
Elementary School: Shenandoah Elementary
High School: Shenandoah & St. Francis Academy
Higher Education: Mercy, Duquesne, Pitt and University of Illinois
Degrees: Bachelor in Education, Master in Education, and Post Graduate Studies

Ministry:
Sister M. Benigna, before entrance into the community was known as Helen Catherine. She entered the community on October 10, 1927. Her first assignment was as a teacher of the 4th grade at St. George Parish in Detroit, Michigan.

After her professions, her earliest years found her continuing both her spiritual and academic studies.

During Sister Benigna's 67 years of ministry, she was teacher and principal. Her teaching ministry took her to schools in Mahanoy City, Amsterdam, Elizabeth, Grand Rapids, DuBois, Hartford, Connellsville and St. Francis Academy.

In 1975, after 44 years in the classroom, Sister requested a change in ministry, because of failing health. For the last 20 years of her religious life, she served in a variety of important ministries at the Motherhouse as receptionist, aide in the Business Office, tutor, postal clerk and her last ministry, as a Minister of Prayer in the Infirmary.

“May you be rewarded and crowned by the Lord, most High.”